



SENSORY-FRIENDLY/RELAXED SUPPORTS

Meet Your Seat – email Catherine Gruszka Vadala cgruszka@bushnell.org to schedule a time to walk through the theater before the performance to feel comfortable in the space.

Social Story – This is a simple description of the experience of coming to The Bushnell, using the patron as the main character, and explaining situations that can be challenging.

Visual Schedule – A link will be sent in your pre-visit email that includes graphics of scheduled activities to help patrons reduce anxiety by following guidelines and providing consistency.

Fidgets – Stress stars will be able onsite as a form of calming.

Earplugs – Foam ear plugs and a limited number of noise-cancelling headphones are available at Customer Relations. Patrons are welcome to bring their own.

Coloring Table – Patrons can utilize the coloring tables in the lobby while they wait for the performance to start or if they need a break during the performance.

Quiet Space – If a patron feels overwhelmed and needs a quiet space, a designated area away from the performance is provided with comfortable furniture, fidgets, coloring, and ear plugs.

Core Communication Board – For patrons who have difficulty verbally communicating, a Core Communication Board with pictures of commonly used nouns and actions is available to help patrons express their needs and wants.

Choice Board and Visual Timer – To help with the anxiety of waiting, we will have a Choice Board onsite to visually communicate options for activities and a QR Code to a visual timer.

For Additional Questions: Please Email Catherine Gruszka Vadala cgruszka@bushnell.org